

PRACTICAL LIFE

Washing a Table

A real household chore, start to finish, cleanup included. Children love it because it's useful.

Materials

- A basin of warm water
- A sponge and a nail brush
- A bar of soap in a small dish
- A dry cloth
- An apron



AGE

3 to 4 years



TIME

15-20 min



AREA

Practical Life



SCREEN

Zero

What your child is developing

Carry out a long sequence (wet, soap, rinse, dry, put away) without skipping a step.

Your role (the hardest part: doing nothing)

Putting the materials away is part of the activity, not a chore that comes after. Always finish together. Show once, then step back.

Step by step

1



Put the apron on together: that's the signal to begin.

2



Wet the sponge, soap the table in small circles, working left to right.

3



Rinse the sponge, then go back over the whole surface.

4



Dry with the cloth, then empty the basin and put each item back in its place.

Take it further

- Easier: drying only, after you have washed.
- Harder: washing a mirror, where every streak shows.
- Useful: wiping down their own high chair after a meal.



Safety: Warm water only, never hot. Plain soap, no household cleaners. Dry the floor around the table.